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Derrylamogue,
Rosenallis,
Co. Laois.
R32YD81

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Principal: Orla Burke
Deputy Principal: Aideen Timmons

School Self Evaluation

'Wellbeing in our school'

"Wellbeing is present when a person realises their potential, is resilient in dealing with the normal stresses of their life, takes care of their physical wellbeing and has a sense of purpose, connection and belonging to a wider community. It is a fluid way of being and needs nurturing throughout life" WHO (2001)

Key Principles:

Child/Young person-centred:

The wellbeing needs and the best interests of our children and young people are a central focus of this policy. This requires us to respect and value the voice of children and young people and foster their belonging and connectedness to the school community. This ensures a sound developmental base for present and future wellbeing, as well as academic achievement.

Equitable,fair and inclusive

All children and young people need access to equitable, fair and inclusive opportunities to develop their wellbeing, in ways that are responsive and suitable to their particular needs and contexts. Practices need to be tailored, responsive and relevant, building on the existing strengths of children and young people, school staff, families and school communities. This means that practices will vary across schools and centres for education and from student to student.

Evidence-informed:

This policy promotes the use of evidence-informed practice, which brings together local experience and expertise with the best available evidence from research. It acknowledges that what works in one context may not be appropriate or feasible in another.

Outcomes focused:

This policy promotes continuous improvement practices and the use of data relating to outcomes to guide practice in our schools in relation to the promotion of wellbeing for all children and young people. This policy and framework for practice will ensure the use of a self-reflection process for the identification monitoring and review of outcomes.

Partnership/Collaboration:

The wellbeing of our children and young people is a shared responsibility.

Working in partnership with other departments and agencies is key to ensuring this policy is implemented. This plan records the findings of our evaluation of wellbeing and how it impacts teaching in our school and our current improvement plan, including targets and the actions we will implement to meet the targets which we have decided on.

- **The focus of this evaluation.**

We undertook self-evaluation of well-being in the school during the period September 2023 - June 2024. We looked at the four key areas as part of the well-being framework for schools.

- Culture and Environment,
- Curriculum Teaching and Learning,
- Relationships and Partnerships
- Policy/Planning.

Statement(s) of Effective practice for all: The wellbeing of the whole school community is central to the school's ethos/mission statement and school leaders and management actively promote wellbeing.

Statement(s) of Effective for some and a few: The school demonstrates commitment to identifying, including and providing targeted supports for children an young people experiencing barriers and challenges to wellbeing and learning.

Key Areas: Indicators of success

- Children young people and staff experience a sense of belonging, feel safe, connected and supported
- The creation of Wellbeing Activities throughout the year to ensure that staff consider and prioritise their own health and wellbeing.
- To enable staff students, parents and school community through a Wellbeing Week and ongoing Wellbeing activities throughout the year, that wellbeing is a priority in the school and is everybody's business.

Findings

2.1: Strengths

List the main strengths of the school in teaching and learning.

- Pupils have the necessary knowledge, skills and attitudes required to understand themselves and their relationships
- Pupils demonstrate knowledge, appropriate to their stage of development, of their own behaviour as individuals and as members of a group.
- Pupils demonstrate an enquiring and open minded attitude towards themselves and those around them.
- Pupils grow as learners through respectful interactions and experiences that are challenging and supportive
- Interactions among pupils and between pupils and teachers are very respectful and positive, and conducive to well-being.
- Relationships and interactions in classrooms and learning areas create and sustain a cooperative, affirming and productive learning environment.
- Pupils contribute their opinions and experiences to class discussion with confidence.
- They are respectful of and interested in the opinions and experiences of their classmates.

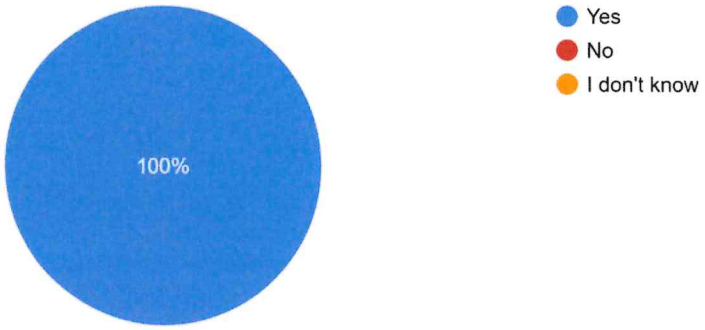
2.2. This is how we know

- Correlation of data from Wellbeing Questionnaires from the pupils, parents and staff
- Teacher Observation

2.3 Findings from our survey with parents:

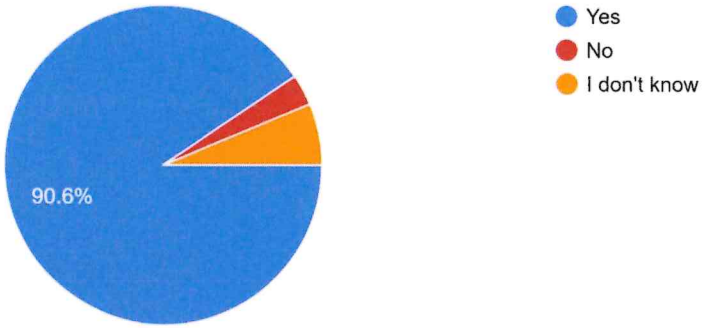
The school is welcoming and accessible to all

32 responses



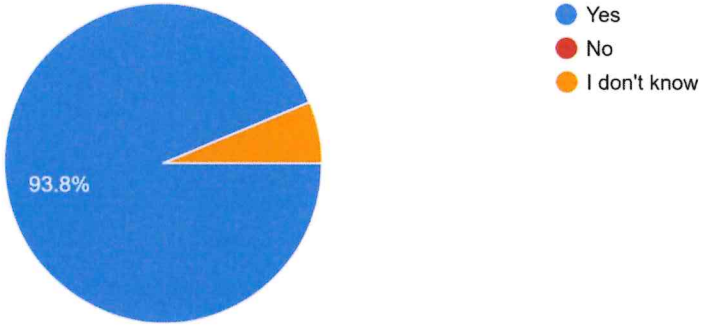
The school sees health and wellbeing as important

32 responses



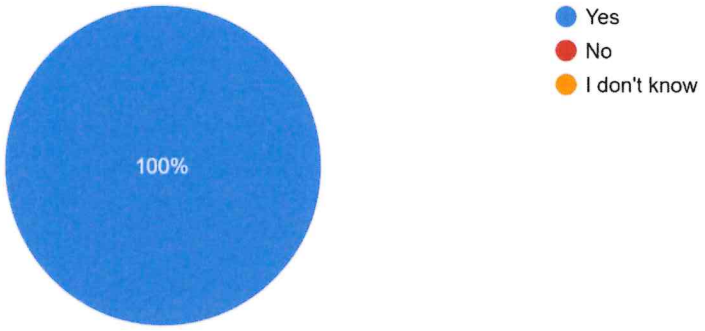
My child can participate in activities in school like sport, art, dancing, drama, music etc.

32 responses



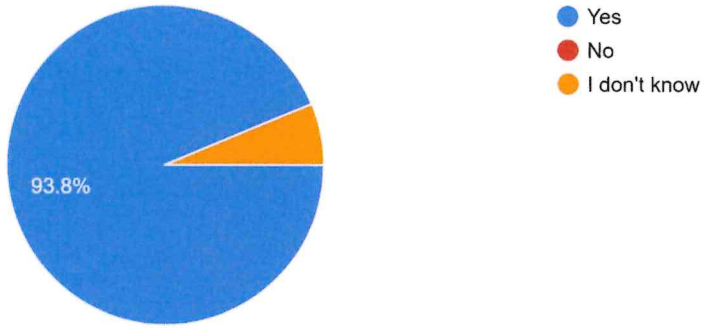
My is safe in school

32 responses



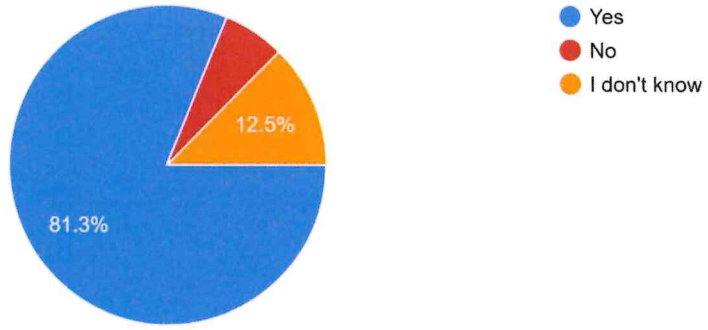
My child feels connected and part of the school community

32 responses



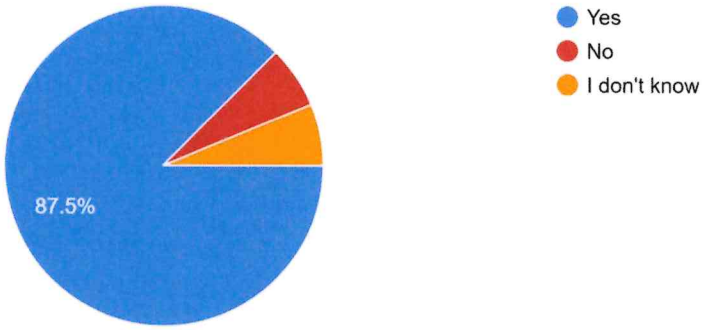
The school is committed to dealing with bullying and its prevention

32 responses



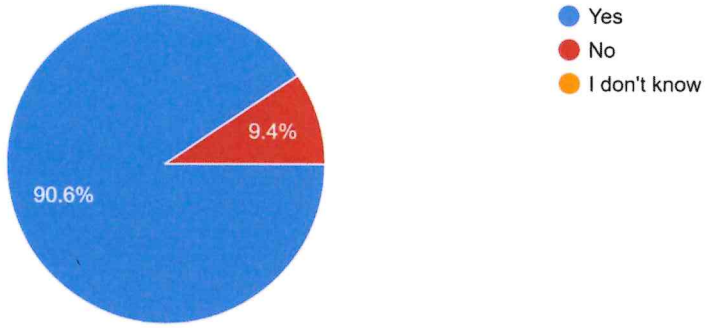
My child can get support in the school for social, emotional and behavioural difficulties

32 responses



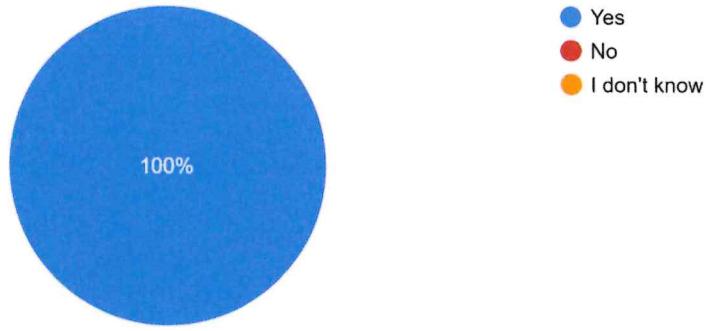
I am informed about the policies in the school e.g. Anti- Bullying Policy; Safe Internet Usage Policy, Child Protection Procedures

32 responses



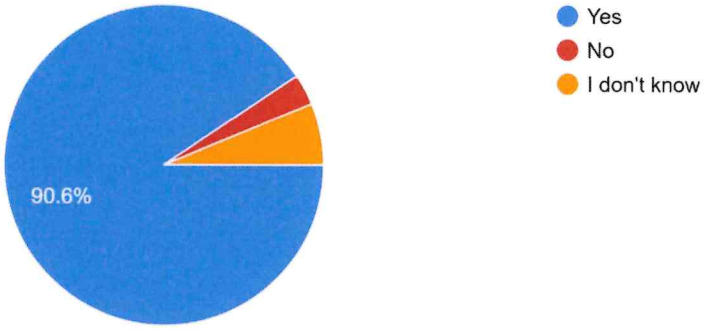
The school promotes healthy eating and encourages children to be physically active

32 responses



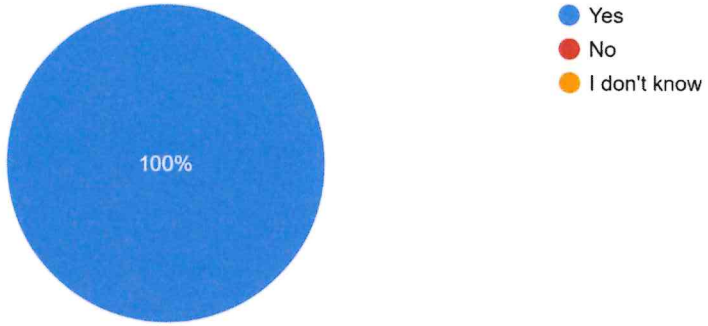
I feel that school staff are sensitive to confidential information that I share with them about my child

32 responses



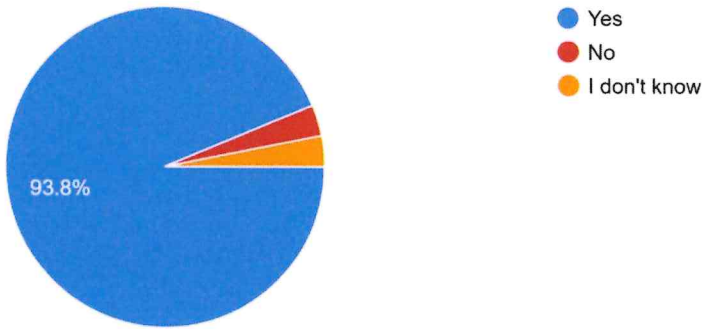
There are structures in the school which allow parents to have a voice e.g. Parents Association, parent meetings

32 responses



I am encouraged to support and be involved in the school activities

32 responses



Any other ideas or things you would like to say regarding wellbeing in our school6

responses

No

Overall our school is going a fantastic job

I think you are all doing a fantastic job in Derrylemogue, the good reputation of the school is why we moved our children there a few years ago.
Would like to have more drama, mindfulness, music.
Mindfulness and yoga courses would help children with anxiety and other feelings that they dont know how to deal with and give them the confidence and knowledge on how to deal with these feelings before they move on to secondary school.
More day trips and practical subjects,eg cooking, art , science projects,or fun days.swimming from junior up.

1. **Our improvement plan**

On the next page we have recorded:

- The **targets** for improvement we have set
- The **actions** we will implement to achieve these
- **Who is responsible** for implementing, monitoring and reviewing our improvement plan
- How we will measure **progress** and check **outcomes**(criteria for success)

As we implement our improvement plan we will record:

- The **progress** made, and **adjustments** made, and **when**
- **Achievement of targets** (original and modified), and **when**

Signed: Orla Burke **Date:** 19/6/25
Principal

Signed: [signature] **Date:** 19/6/25
Chairperson

Target	Actions	Persons Responsible	Success Criteria	Progress/ Adjustments	Achieved by (date)
1.To create a Student Council in Derrylamogue N.S. to promote student voice 2.To prioritise staff to consider their own health and Wellbeing 3. To promote a culture of Wellbeing as a priority for the whole school community	In October 2025, each class from 1st to 6th will elect 2 representatives to form a student council. As part of Wellbeing/ Active Week Staff activities will be scheduled as well as for students From September, we will hold staff meeting regarding wellbeing as our target for the year ahead. Each day, every class teacher will provide opportunities for mindfulness work or meditation Teacher check in with children who they are worried about Wellbeing/ Active Week will be held in the last week of May/ early June	All teacher All teachers All teachers All teachers	The Student Council will hold Meetings regularly to discuss and implement their ideas and opinions on school matters Staff will become aware of the importance of prioritising their own health and Wellbeing To ensure that the whole school community are aware of Wellbeing as a focus and a priority in Derrylamouge NS		

3. To communicate with parents when things are going well for their child 4.To provide more opportunities for music, sport, drama dancing etc	Parents will be invited into the school at Christmas and Easter as always for a coffee afternoon. This a way to informally chat with parents. Knitting- local ladies from the parish complete 4 weeks knitting witht he children in 3rd and 4th class G.A.A Coaching sessions for 6 weeks for hurling and 6 weeks for football during the school year Yoga for 4 weeks for all classes in November' Soccer, tennis and rugby coaches coming to the school for 4- 6 weeks coaching A whole school Christmas performance held in December	All teachers All teachers			